



Dear Friends

We are happy to announce a new Golden Hummingbird Training in Indian Wells, California at Fosters and Kristos home.

January 30 - February 6, 2022

The training will include a visit to the Joshua Tree sacred site, the mountain top, massages and hot springs and a day of healing with Foster. The training includes 4 days with Kristos teaching, and 3 days with Foster and Shamanism.

Start: January 30 at 10 AM in Indian Wells, CA at our center

Ends: February 6 at 1 PM in Indian Wells, CA at our center. Book flights from 4:30 PM onwards this day.

YOUR INVEST: 1,999 US Dollars (includes all taxes)

Total cost includes one large meal per day, one massage, hot springs entrance fee, mountain top trolley excursion, Joshua Tree entrance fees and transportation to events each day.

Does not include lodging or airfare, but includes all home cooked meals (lunch and dinner) - vegan and raw food.

Please find your own lodgings with a 5 minute drive to our center- there are many hotels in Indian Wells, and very close to us in Palm Desert (including a Best Western and Holiday Inn that are inexpensive to stay in. Please book your own accommodations- also AIRBNB is available nearby in Indian Wells only).

A shuttle will take you back and forth only within a 5 minute radius of our Center as there are many resorts, hotels near us and we will drive you back and forth as long as you are close in Indian Wells or Palm Desert only. If you stay in Palm Springs or further than 5 minute, you will need to have or rent a car. UBER is also available in our area, but please download the UBER app beforehand. There are many restaurants within 5 minutes of our Center as well as every kind of shopping.

There is hiking, hot springs, sacred sites and numerous resorts nearby as well as outlet shopping if you wish to stay longer in the area. Our facilities are air conditioned all day long and at a comfortable indoor temperature.

The training will be in English. If more than 5 persons come from any country, we will provide translation.

For more information or the application form please contact:

Golden Hummingbird office in USA (info: office not always manned!)

Office: (+1) 424-343-0044

Or our Europe office with Nicole Heidemann

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E-Mail: office@goldenhummingbird.com

With joy and blessings,

Foster, Kristos and the Golden Hummingbird team.